

# WELCOME TO BULWELL'S FIRST EVER SANTA RUN!

Ho ho hello and a huge festive welcome to our first ever Bulwell Family Santa Run or Walk! We're thrilled you've decided to join us and help spread some Christmas cheer while supporting two amazing local charities, Runspire Together and The Toy Library. Your involvement helps us continue making lives brighter across our communities.

A massive sleigh-sized thank you to all our volunteers who've given their time (and Christmas spirit!) to help make today magical. Big thanks also to:

- The staff at Ken Martin Leisure Centre for letting us host the event at the centre.
- Morrisons for the mince pies, water, and use of the car parking area.
- Running For It for help, advice, supplying the signage, and event equipment.
- Nottingham Forest Football Club for the goodie bags.
- All our fantastic supporters who donated raffle prizes.
- Alex Norris, MP for Bulwell, for starting the event and for your continued support.

You're all on the nice list this year!

Paul Hopkins. Runspire Together CEO





## **EVENT LOCATION**

Ken Martin Leisure Centre Hucknall Lane, Bulwell, Nottingham, NG6 8AP

The Leisure Centre has kindly asked that participants do not park on site. Free parking is available at Morrisons, just across the road. Please see the event village map in your pack. (page 5)

## **FESTIVE ACTIVITIES**

Throughout the morning we'll also have:

- A charity raffle
- Face painting
- Hot drinks and cakes for sale

All raising extra funds for Runspire Together and The Toy Library.

## **3KM OR 5KM - CHOOSE YOUR DISTANCE**

No need to choose in advance, decide on the day!

During registration you'll receive:

- A green sticker for the 3km route (page 5)
- A blue sticker for the 5km route (page 5 & 6)







## **DRESS TO IMPRESS**

We warmly encourage everyone to come dressed in their most festive finery. Santas, elves, snowmen, reindeer... whatever jingles your bells! There'll be prizes for the best dressed, so don't hold back!

## **EVENT SCHEDULE**

- 8:30am Event village opens (face painting from 8:30am)
- 8:30-9:30am Raffle tickets on sale
- 8:45am Registration opens
- 9:15am Festive Fun Warm-up
- 9:25am Please make your way to the start area
- 9:30am Santa Run starts with Alex Norris, MP

## AT THE FINISH

At the finish you'll receive:

- Medal
- Bottle of water
- Mince pie

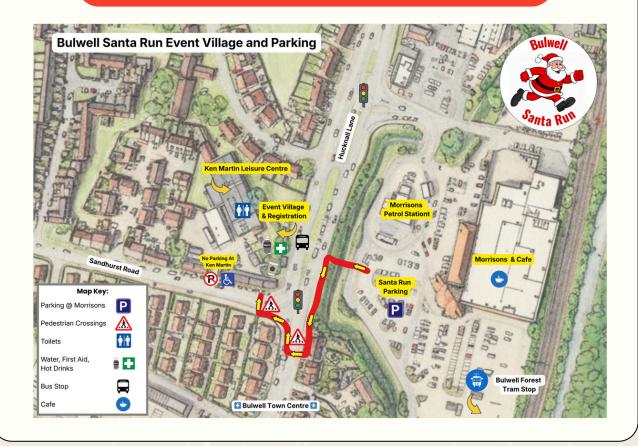
For a well-earned post-run breakfast, Morrisons Café is serving their cracking morning menu.







## **BULWELL SANTA RUN EVENT VILLAGE**



## **3KM ROUTE AND 5KM LAP 1**







## **5KM LAP 2**



## **ROUTE INFORMATION | 3KM ROUTE**

(See page 5) A single lap taking you:

- Up to The Toy Library
- Through Bulwell Hall Park
- Route signs and marshals will guide you and please don't forget to thank them as you pass!

# **ROUTE INFORMATION | 5KM ROUTE**

Starts with the 3KM route on page 5, plus an additional loop through Bulwell Hall Park as above (5KM lap 2).

Both distances star and finish back at Ken Martin Leisure Centre.





## SAFETY INFORMATION

Please help us keep the event safe and enjoyable for everyone:

- Marshals are positioned around the course, please follow their guidance.
- There are some quiet side roads to cross, take care and give way to traffic.
- Be mindful of other participants, park users, and cyclists.
- First aiders are on the course and we have defibrillators available.
- Watch out for hazards such as bollards, leaves, potholes, kerbs, and speed bumps.
- Hazard tape is used to mark any tricky areas.
- Families: please keep children close.
- Dogs must be kept on short leads.

Please remember we do not have sole use of the park or paths. Share with care.

#### **SPECTATORS**

Spectators are warmly encouraged to join the cheering squad! Great viewing spots include:

- Ken Martin Leisure Centre
- The Toy Library

Hot drinks available for those keeping warm on the sidelines (At Ken Martin leisure centre).







## **PARKING & PUBLIC TRANSPORT**

- Please do not park at Ken Martin Leisure Centre
- Free parking is available at Morrisons just across the road.
- Closest tram stop: Bulwell Forest (Hucknall Tram).
- Number 79 bus stops near the Leisure Centre

## **TOILETS**

Toilets are available inside Ken Martin Leisure Centre.

## **PHOTOS & SOCIAL MEDIA**

Share your festive selfies using **#BulwellSantaRun** let's make this event sparkle online!

If you prefer not to appear in official event photos, please let the volunteers know when you sign in.

## A HUGE THANK YOU

Finally, another huge thank you to:

All volunteers, Ken Martin Leisure Centre staff, The Toy Library, Running For It, Morrisons (for their support, donations, and use of the car park), Nottingham Forest Football Club, Nottingham City Transport, Trent Barton, Boots, Mr Whoops Children's Entertainment, and everyone who donated prizes or helped make today possible.

You've helped make this event truly sleigh-tastic! 👨







#### **RUNSPIRE TOGETHER**





Runspire Together empowers local communities across Nottinghamshire and Derbyshire to get active, feel better, and connect. We offer friendly running, walking, and Nordic walking sessions for all abilities, along with volunteer training and wellbeing support.

Our mission is to inspire healthier, happier lives by making movement fun, inclusive, and accessible for everyone and no one gets left behind.

www.runspiretogether.com

## THE TOY LIBRARY





The Toy Library has provided services and activities for parents, carers and children in the Nottingham area since 1979. Our vision is for children to grow, thrive and live healthy and rewarding lives.

Our activities contribute to good health outcomes by offering parenting support and providing social activities designed to support healthy child development and family wellbeing.

www.toy-library.co.uk